

Why I Hurt: The Truth behind Chronic Pain

Join our experts for an evening of discussion on the neuroscience behind chronic pain and how “retraining your brain” can reduce pain and improve function.

Tuesday, December 9

Center for Musculoskeletal Care
333 East 38th Street
6th Floor Conference Room

Topics

- Understanding the neuroscience behind chronic pain
- How are thoughts, feelings, and behaviors associated with pain
- What are the characteristics of people who cope well with pain
- Retraining the brain to cope with pain



Program Agenda

6:00-6:30pm Registration
6:30-7:30pm Presentations
7:30-7:45pm Q&A

Speakers *(see reverse for speaker profiles)*

Olga Hincapie, PT, CHT
Senior Physical Therapist—Center for Musculoskeletal Care, NYU Langone

Sherri Weiser, PhD
Director of Clinical Services and Research—Occupational and Industrial Orthopaedic Center (OIOC), NYU Langone

RSVP

Register online at www.NYULMC.org/CMC-Lectures

No fees are associated with this lecture, but seating is limited to the first 40 registrants. For any questions, please contact Rick Kassler at richard.kassler@nyumc.org or Mia Palazzo at mia.palazzo@nyumc.org

Speakers for the December 9 lecture:

Olga Hincapie, PT, CHT, is a senior physical therapist at the Center for Musculoskeletal Care where she provides treatment for orthopaedic and hand injuries including chronic pain conditions. She is a Certified Hand Therapist through the Hand Therapy Certification Commission (HTCC). Her areas of specialty and interest include trauma of the upper extremity, complex regional pain syndromes, and chronic pain conditions. She has been invited to lecture both nationally and internationally on the topic of complex regional pain syndrome and chronic pain.

Sherri Weiser, PhD, is the director of clinical services and research at NYU Langone's Occupational and Industrial Orthopaedic Center (OIOC) and a research associate professor at the NYU School of Medicine. Dr. Weiser has over 25 years of research and clinical experience in the field of musculoskeletal disorders and pain. She is an expert on the biopsychosocial model of health and illness and has written numerous articles and chapters on this topic. Dr. Weiser was a cofounder of the interdisciplinary clinic for the treatment of injured workers with musculoskeletal disorders at the OIOC and runs their cognitive-behavioral pain management program.



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