



**Friday, April 10, 2015**

**LOCATION**

NYU Langone Medical Center  
550 First Avenue (31st St.)  
Alumni Hall, Classroom B  
New York, NY 10016

# MEDICINE OF **SPORTS**

**COURSE DIRECTORS**

Dennis A. Cardone, DO  
Jane S. Chung, MD  
Warren K. Young, MD

**CONTENT PLANNER**

Dina Pagnotta, MPT, MPH

**COURSE DESCRIPTION**

The athletic population ranges from the young pediatric population to older master athletes. As more studies are showing the benefits of physical exercise and health, the athletic population is growing as well. This course will be a single day event and will focus on medical conditions and problems encountered by athletes of all ages. It will address medical conditions such as cardiac issues including the athletic heart and sudden death in athletes due to cardiac complications, updates on the pre-participation physical examination including EKG guidelines, when and how to evaluate for rheumatologic disease in the athlete, gastrointestinal and genitourinary issues in the endurance athlete, exercising during pregnancy, altitude and training guidelines, updates on performance enhancing drugs and sports, and exercise prescription for patients with medical co-morbidities, such as asthma.

**TARGET AUDIENCE**

Orthopaedic Surgeons, Pediatricians, Family Physicians, Internal Medicine Physicians, Emergency Medicine Physicians, Rheumatologists, Psychiatrists, Physical Therapists, and Athletic Trainers.

**ACCREDITATION STATEMENT**

The NYU Post-Graduate Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**CREDIT DESIGNATION STATEMENT**

The NYU Post-Graduate Medical School designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**PHYSICAL THERAPY CREDIT**

NYU Hospitals Center is a New York State Education Department approved provider for physical therapy and physical therapy assistant continuing education. This course is approved for a maximum of 8.00 physical therapy/physical therapy assistant contact hours (.80 CEUs).

**BOC APPROVED PROVIDER STATEMENT**



NYU Hospitals Center is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers.

This program has been approved for a maximum of 6.67 hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity.

BOC Approved Provider Number: P2540

**DISCLOSURE STATEMENT**

The NYU Post-Graduate Medical School adheres to ACCME accreditation requirements and policies, including the Standards for Commercial Support regarding industry support of continuing medical education. In order to resolve any identified conflicts of interest, disclosure information is provided during the planning process to ensure resolution of any identified conflicts. Disclosure of faculty and commercial relationships, as well as the discussion of unlabeled or unapproved use of any drug, device or procedure by the faculty, will be fully noted at the meeting.

Register online at: <http://cme.med.nyu.edu/sportsmed>

## COURSE FEES

**Full Fee:** \$275

**Reduced Fee\*:** \$175

**NYU Langone Faculty & Staff:** \$125  
(must provide valid NYU Langone ID)

**PT Network Members (MRN):** \$125

*\*Reduced fee applies to NYU School of Medicine alumni, former residents and fellows; physicians in training; physicians employed by the Department of Veterans Affairs Medical Center; fulltime active military personnel; nurse practitioners; retired physicians; and all other non-physician healthcare professionals.*

Register online at:

<http://cme.med.nyu.edu/sportsmed>

After 12 pm on April 8th, 2015, only onsite registration is available, provided the course has not reached capacity. Onsite registrants will incur an additional \$20 charge and will receive a receipt by email in 1–2 weeks. We cannot accept telephone or email registration. Registration is non-transferable. Registration is non-transferable.

If you have any questions, please contact our office at 212-263-5295 or [cme@nyumc.org](mailto:cme@nyumc.org)

## REFUND POLICY

In order to request a refund, you must complete and submit our online refund form no later than 14 days prior to the first day of the course. An administrative fee of \$75 will be deducted from your refund. Cancellations or no-shows after this date are not eligible for a refund. Fax and email cancellations are not accepted.

## COURSE CANCELLATION POLICY

In the unusual circumstance that this course is cancelled, two weeks notice will be given and tuition will be refunded in full. The NYU Post-Graduate Medical School is not responsible for any airfare, hotel or other costs incurred.

# MEDICINE OF SPORTS



Post-Graduate Medical School  
577 First Avenue  
New York, NY 10016

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NEW YORK, NY  
PERMIT #8167

## AGENDA | FRIDAY, APRIL 10, 2015

<b>7:30 am</b>	<b>Registration and Continental Breakfast</b>	<b>11:30</b>	<b>Panel Discussion</b>
<b>8:00</b>	<b>Introduction</b> Dennis A. Cardone, DO	<b>11:45</b>	<b>Lunch (on your own)</b>
<b>8:10</b>	<b>2015 Update on the Pre-Participation Physical Exam</b> Pierre A. d'Hemecourt, MD, FACSM	<b>12:45 pm</b>	<b>Heat Illness and Rhabdomyolysis: Recognition, Treatment, and Prevention</b> Francis G. O'Connor, MD, MPH
<b>8:30</b>	<b>Screening for the Athlete at Risk for Sudden Death</b> Francis G. O'Connor, MD, MPH	<b>1:15</b>	<b>Diving Medicine: Knowing When You Are In Too Deep</b> Pierre A. d'Hemecourt, MD, FACSM
<b>8:50</b>	<b>Optimizing Performance in the Athlete with Exercise-Induced Bronchospasm</b> Joan Reibman, MD	<b>1:35</b>	<b>Infectious Diseases and Sports Participation</b> Warren K. Young, MD
<b>9:10</b>	<b>Anemia in the Endurance Athlete</b> Warren K. Young, MD	<b>1:55</b>	<b>Performance Enhancing Drugs and the Biological Passport</b> Steven Lamm, MD
<b>9:30</b>	<b>Panel Discussion</b>	<b>2:15</b>	<b>Panel Discussion</b>
<b>9:45</b>	<b>Coffee Break</b>	<b>2:30</b>	<b>Coffee Break</b>
<b>10:00</b>	<b>Osteoporosis and Bone Health in Athletes</b> Jeffrey P. Levine, MD, MPH	<b>2:45</b>	<b>The Exercise Prescription and Current Fitness Trends</b> Alison M. Peters, MS
<b>10:30</b>	<b>Dermatologic Issues in Athletes: It's Not All Fungal</b> Susan E. Katz, MD	<b>3:05</b>	<b>Adapting Physical Therapy to Athletes with Co-Morbidities</b> James Koo, DPT
<b>10:50</b>	<b>Runners and the Runs: Gastrointestinal Issues in Athletes</b> Jane S. Chung, MD	<b>3:25</b>	<b>Exercising for Two: The Pregnant Athlete</b> Jane S. Chung, MD
<b>11:10</b>	<b>Overtraining and the Immune System</b> Dennis A. Cardone, DO	<b>3:45</b>	<b>Recognizing Rheumatologic Disease in Athletes</b> Jason Brucker, MD
		<b>4:05</b>	<b>Panel Discussion</b>
		<b>4:20 pm</b>	<b>Adjourn</b>