



Join the Department of Orthopaedic Surgery at NYU Langone Medical Center and the Muscular Dystrophy Association for the

# 9th Annual NYU Langone OrthoFit Challenge

**Sunday, May 3rd**  
9:00 am

**Reebok CrossFit**  
5th Avenue

The OrthoFit Challenge (formerly known as Ortho-Lift) is a CrossFit Style team competition of strength, speed, endurance and agility. Physicians, residents, medical students, physical therapists, athletic trainers, nursing and hospital staff from throughout the NYC area are welcome to participate. All skill levels are welcome!

**Proceeds go to the Muscular Dystrophy Association Summer Camp, where kids with neuromuscular diseases meet other kids sharing the same needs and experiences.**

The bar is set high with previous years clocking in at more than \$100,000 raised, so help us make this year's competition our most successful event yet! Top fundraisers and top competitors will receive prizes from Reebok CrossFit.

Visit the event website to start a team or to make a donation:  
[www2.mda.org/orthofit2015](http://www2.mda.org/orthofit2015)

For more information, email [CConnolly@mdausa.org](mailto:CConnolly@mdausa.org)

