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Hospital for Joint Diseases

Saturday, November 6, 2010

NYU Hospital For Joint Diseases

Loeb Auditorium

Register Online at: http://cme.med.nyu.edu/rotator

Sponsored by the NYU Post-Graduate Medical School

# Current Concepts In the Treatment of Rotator Cuff Tears

Saturday, November 6, 2010 NYU Hospital For Joint Diseases Loeb Auditorium



## **CME Information**

## TARGET AUDIENCE

Attending orthopaedic surgeons, fellows, residents, medical students, physical therapists, and primary care physicians.

### COURSE DESCRIPTION/STATEMENT OF NEED

The treatment of rotator cuff tears has evolved dramatically over the past several years. Arthroscopic repair techniques have improved significantly and to the point where clinical outcomes rival those achieved through open surgery. This half-day program will focus on the most up-to-date information on the treatment of rotator cuffs from the basic science, clinical assessment, and surgical options, to post-op rehabilitation and outcomes. It will include live feed surgical demonstrations of new techniques including double row arthroscopic rotator cuff repairs and reverse shoulder arthroplasty so that the practicing orthopaedic surgeon can achieve better clinical outcomes.

### LEARNING OBJECTIVES

- Describe surgical options for rotator cuff tears with emphasis on arthroscopic techniques, including single VS. double row repairs, suture bridge or transosseous equivalent techniques, and reverse shoulder athroplasty.
- Review current techniques discussed within the literature, including double row arthroscopic rotator cuff repairs, which simulate traditional open transosseous repairs, as well as the use of growth factors to enhance rotator cuff healing, and strategies to apply them to practice.
- Select patients who will have predictable, positive outcomes from rotator cuff surgery based on imaging studies and other diagnostic tools
- Create strategies to address patient concerns and provide appropriate surgical expectations following surgery.

# **Course Faculty**

### **COURSE DIRECTORS**

#### Laith Jazrawi, MD

Assistant Professor of Orthopaedic Surgery NYU School of Medicine Chief, Division of Sports Medicine Director, Surgical Skills Lab Director, Sports and Shoulder /Elbow Research Lab NYU Hospital for Joint Diseases New York, NY

### **GUEST FACULTY**

## Christopher S. Ahmad, MD

Associate Professor Columbia University College of Physicians and Surgeons New York, NY

## Andrew S. Rokito, MD

Chief, Division of Shoulder and **Elbow Surgery** Assistant Professor of Orthopaedic Surgery NYU School of Medicine NYU Hospital for Joint Diseases New York, NY

## Evan L. Flatow, MD

Lasker Professor of Orthopaedic Surgery Mount Sinai School of Medicine New York, NY

### James N. Gladstone, MD

Associate Professor of Orthopaedic Surgery Mount Sinai School of Medicine New York, NY

## **General Information**

Orrin H. Sherman, MD

Assistant Clinical Professor of

Associate Professor of

Drew A. Stein, MD

Orthopaedic Surgery

Orthopaedic Surgery

Eric J. Strauss, MD

Thomas Youm, MD

Clinical Assistant Professor of

Joseph D. Zuckerman, MD

Department of Orthopaedic Surgery

Assistant Professor of

Orthopaedic Surgery

Orthopaedic Surgery

Professor and Chair

## NYU SCHOOL OF MEDICINE/ HOSPITAL FOR JOINT DISEASES

## Brigid M. Dunne, PT, DPT, OCS

Senior Physical Therapist Orthopaedic and Sports Physical Therapy

## Ramesh Gidumal, MD Clinical Assistant Professor of

Orthopaedic Surgery

## Young W. Kwon, MD, PhD

Assistant Professor of Orthopaedic Surgery

## Leon D. Rybak, MD

Assistant Professor of Radiology NYU School of Medicine Acting Section Chief, Musculoskeletal Radiology NYU Hospital for Joint Diseases

## **LOCATION**

NYU Hospital for Joint Diseases Loeb Auditorium

301 East 17th Street, New York, NY 10003

## ONLINE REGISTRATION PREFERRED

Applications will be accepted in order of their receipt. Visit our secure website <a href="http://cme.med.nyu.edu/rotator">http://cme.med.nyu.edu/rotator</a> to submit online registration.

## **Mailing Address and Contact Information**

Registration Office - NYU Post-Graduate Medical School P. O. Box 1855, Murray Hill Station, New York, NY 10016 Phone: 212-263-5295 Fax: 212-263-5293

Please Note: We cannot accept telephone registration.

**Accreditation Statement -** The NYU Post-Graduate Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**Credit Designation Statement** - The NYU Post-Graduate Medical School designates this educational activity for a maximum of 4.75 *AMA PRA Category1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Disclosure Statement** - The NYU Post-Graduate Medical School adheres to the ACCME Essential Areas and policies, including the Standards for Commercial Support, regarding industry support of continuing medical education. In order to resolve any identified Conflicts of Interest, disclosure information is provided during the planning process to ensure resolution of any identified conflicts. Disclosure of faculty and commercial relationships as well as the discussion of unlabeled or unapproved use of any drug, device or procedure by the faculty will be fully noted at the meeting.

**Parking** -Street parking in Manhattan is very limited. There are many parking garages located in the vicinity of the hotels and NYU Hospital for Joint Diseases.

Hotel Accomodations - Rooms are in very heavy demand in New York City; we urge you to make your reservations early. You may obtain a list of hotels located near NYU School of Medicine by visiting our website, http://cme.med.nyu.edu/travel/hotels-lodging

# Course Program

12:30

Adjourn

6:15 am	Registration and Continental Breakfast
7:25	Welcome and Introduction
7:30	Andrew S. Rokito, MD and Laith Jazrawi, MD Imaging of the Rotator Cuff – Ultrasound, MRI
7.30	Leon D. Rybak, MD
7:45	Indications for Rotator Cuff Repair – Patient Selection
7.10	Andrew S. Rokito, MD
8:00	Mini-Open Rotator Cuff Repair – Transition to Arthroscopic Repair
	Ramesh Gidumal, MD
8:15	Arthroscopic Rotator Cuff Repair - Single-Row Technique
	Orrin H. Sherman, MD
8:30	Arthroscopic Rotator Cuff Repair – Double-Row Technique
	Christopher S. Ahmad, MD
8:45	Coffee Break
9:00	Live Video Demonstration
	Moderators: Andrew Rokito, MD and Laith Jazrawi, MD
	Tear Recognition, Mobilization, Releases
0.00	Evan L. Flatow, MD
9:30	Arthroscopic Subscapularis Repair
9:45	Eric J. Strauss, MD
9.40	Arthroscopic Treatment of Partial-Thickness Tears  Thomas Youm, MD
10:00	Biceps Tendon Lesions - Tenotomy vs. Tenodesis
10.00	James N. Gladstone, MD
10:15	Live Video Demonstration
10110	Moderators: Andrew S. Rokito, MD and Eric J. Strauss, MD
	Double-Row Arthroscopic Rotator Cuff Repair
	Laith Jazrawi, MD
10:45	Break
11:00	Biologic Considerations in Rotator Cuff Repair
	Laith Jazrawi, MD
11:15	Tendon Transfers for Rotator Cuff Insufficiency
	Young W. Kwon, MD, PhD
11:30	Arthroplasty for Rotator Cuff Insufficiency
11 45	Joseph D. Zuckerman, MD
11:45	Post-Operative Considerations – Physician Perspective
12.00 nm	Drew A. Stein, MD
12:00 pm	Post-Operative Considerations – Physical Therapist Perspective
12:15	Brigid M. Dunne, PT, DPT, OCS
12:15	Wrap-Up – Questions and Answers, Final Remarks Andrew S. Rokito, MD and Laith Jazrawi, MD
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# **Registration Form**

Special needs or requests:

Current Concepts in the Treatment of Rotator Cuff Tears #013 NYU Hospital for Joint Diseases - November 6, 2010 Register online at http://cme.med.nyu.edu/rotator PLEASE PRINT INFORMATION CLEARLY IN BLOCK LETTERS & NUMBERS Name First M.I. Last Address State Zip Day Phone () Fax ( ) E-mail Degree Specialty On-site registrants will incur an additional \$20 charge. **Course Confirmation**: Please supply your e-mail address to receive a confirmation letter. Written confirmation will not be mailed. Make sure your e-mail address is clearly written. **COURSE FEE: Full Fee Physicians: \$200** Reduced Fee: \$100\* \*Reduced fee applies to physicians-in-training with letter of certification from Chief of Service; NYU School of Medicine alumni, former residents and fellows; M.D.s employed by the Department of Veteran's Affairs Medical Center; full-time active military personnel; nurse practitioners and all other non-M.D. healthcare professionals. Eligibility for reduced fee must be indicated below. **METHODS OF PAYMENT:** (Cash and phone registration are not accepted) If faxing, do not mail or refax. This will only result in a duplicate charge to your account. Make check payable to: Check in U.S. Dollars only \$ \_\_\_\_ NYU Post-Graduate Medical School Credit Card Payment (see below) International Postal Money Order \$ Send to: Registration Department (Foreign registrants, including those NYU Post-Graduate Medical School from Canada, must pay by International P.O. Box 1855, Murray Hill Station Postal Money Order or credit card.) New York, N.Y. 10016 **PAYMENT BY CREDIT CARD:** Credit card payments may be faxed to (212) 263-5293. Amount to be charged: \$\_ Bill To: Visa MasterCard American Express Credit Card Number \_\_\_\_\_ CVC Code \_\_\_\_\_ Expiration Date Card Member's Name Signature Refund Policy: An administrative charge of 30% of your tuition payment will be assessed for cancellations prior to October 23, 2010. Cancellations must be in writing and postmarked no later than the above date (faxes and e-mails are not accepted). Cancellations will not be accepted after the above date. Course Cancellation Policy: In the unusual circumstance that this course is cancelled, two weeks notice will be given and tuition will be refunded in full. The NYU Post-Graduate Medical School is not responsible for any airfare, hotel or other costs incurred.