



NEW YORK UNIVERSITY

NYUHospital for Joint Diseases

Post-Graduate Medical School, 550 First Avenue, New York, NY 10016

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Metropolitan Shoulder Symposium

*Shoulder Instability -
Open and Arthroscopic
Techniques*

Saturday, September 30, 2006

Visit the NYU Post-Graduate Medical School website at
www.med.nyu.edu/cme

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NYU Hospital for Joint Diseases – Loeb Auditorium



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Sponsored by the
NYU Post-Graduate
Medical School

Metropolitan Shoulder Symposium

*Shoulder Instability –
Open and Arthroscopic
Techniques*



The Post-Graduate Medical School of the New York University School of Medicine is committed to improving patient care through continuing medical education.

Target Audience

This course is primarily intended for physicians, residents, and fellows in Orthopaedic Surgery, but will also benefit those who treat sports injuries related to shoulder instability.

Course Description

The diagnosis and management of shoulder instability has been greatly influenced by recent surgical and technological advances. One of the greatest challenges of the practicing orthopaedic surgeon is to stay current with the many dynamic changes in this field. An acclaimed faculty from the major academic medical centers throughout the metropolitan New York area has been assembled to provide this update. The format of this half-day conference will consist of lectures and live surgical demonstrations. During the session, the registrants will have ample opportunity to participate in question and answer sessions to enhance the practical value of the course.

Statement of Need

Arthroscopic techniques have been developed to repair glenohumeral instability while decreasing surgical morbidity; however, patients with shoulder instability may not always need surgical intervention. Patients with shoulder pain and reduced range of motion therefore need to be properly evaluated for shoulder instability.

Educational Objectives

- In patients with shoulder instability, select the surgical technique to stabilize the glenohumeral joint based on the evaluation of the patient and least risk of surgical morbidity.
- Given patients with shoulder instability, utilize the examination of the patient to determine whether operative or non-operative management is appropriate for treatment of that patient.
- Based on current literature and examination of the patient, properly evaluate and diagnose patients with shoulder pain and reduced range of motion to establish if they have glenohumeral instability so that patient management and outcomes are improved.

Faculty

Course Directors

Andrew S. Rokito, M.D.
Assistant Professor of Orthopaedic Surgery
NYU School of Medicine
Chief, Shoulder and Elbow Service
Department of Orthopaedic Surgery
NYU Hospital for Joint Diseases
New York, NY

Young Kwon, M.D., Ph.D.
Assistant Professor of Orthopaedic Surgery
NYU School of Medicine
Attending Physician, NYU Hospital for Joint Diseases
New York, NY

Special Guest Speaker

Anthony A. Romeo, M.D.
Associate Professor, Department of Orthopaedics
Rush Medical College
Rush-Presbyterian-St. Luke's Medical Center
Chicago, IL

Guest Faculty

David Altchek, M.D.
Associate Professor of Clinical Surgery
Weill Medical College of Cornell University
Associate Professor of Orthopaedic Surgery
Hospital for Special Surgery
New York, NY

Frances Cuomo, M.D.
Assistant Professor of Orthopaedic Surgery
Albert Einstein College of Medicine
Chief, Division of Shoulder and Elbow Surgery
Department of Orthopaedics
Beth Israel Medical Center
New York, NY

Evan Flatow, M.D.
Bernard J. Lasker Professor of Orthopaedic Surgery
Mount Sinai School of Medicine
Chairman, Orthopaedics
Mount Sinai Hospital
New York, NY

James N. Gladstone, M.D.
Associate Professor of Orthopaedics
Mount Sinai School of Medicine
Attending Physician, Mount Sinai Hospital
New York, NY

William N. Levine, M.D.
Associate Professor of Orthopaedic Surgery
Columbia University College of Physicians and Surgeons
Attending Physician, New York-Presbyterian Hospital
New York, NY

Peter McCann, M.D.
Associate Professor of Orthopaedic Surgery
Albert Einstein College of Medicine
Chairman, Department of Orthopaedic Surgery
Beth Israel Medical Center
New York, NY

NYU School of Medicine/ Hospital for Joint Diseases Faculty

Jason Hurd, M.D.

NYU-HJD Shoulder and Elbow Fellow
Laith Jazrawi, M.D.
Assistant Professor of Orthopaedic Surgery
Attending Physician (HJD)

Robert Meislin, M.D.
Assistant Professor of Orthopaedic Surgery
Attending Physician (HJD)

Mark Schweitzer, M.D.
Professor of Radiology and Orthopaedic Surgery
Director, Radiology (HJD)

Joseph D. Zuckerman, M.D.
Walter A.L. Thompson Professor of Orthopaedic Surgery
Chairman, Orthopaedic Surgery (HJD)

General Information

Location

NYU Hospital for Joint Diseases
Loeb Auditorium
301 East 17th Street
New York, NY 10003

NYU Hospital for Joint Diseases is located in a predominately residential area on the East side of Manhattan.

PHOTO IDENTIFICATION IS REQUIRED TO ENTER THE MEDICAL CENTER.

Online Registration Preferred

Applications will be accepted in order of their receipt. Visit our secure website www.med.nyu.edu/cme to submit online registration.

Registration Office

NYU Post-Graduate Medical School
P. O. Box 1855
Murray Hill Station
New York, NY 10016

Phone: 212-263-5295
Fax: 212-263-5293

Please Note: We cannot accept telephone registration.

Course Confirmation

Please supply your e-mail address to receive a confirmation letter. Written confirmation **will not** be mailed.

Accreditation Statement

The NYU Post-Graduate Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

If there is a specific topic or question relating to this course that would help fulfill your educational needs, please submit it on the registration panel.

Credit Designation Statement

The NYU Post-Graduate Medical School designates this educational activity for a maximum of 4.75 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

To obtain CME credit, you must: (1) have your ID badge electronically scanned for attendance once each day, and (2) access our website, www.med.nyu.edu/cme, and click on the Online Course Evaluator/CME Credit Process (follow all instructions to receive instantaneous letter of credit).

Disclosure Statement

The NYU Post-Graduate Medical School adheres to the ACCME Essential Areas and policies, including the Standards for Commercial Support, regarding industry support of continuing medical education. In order to resolve any identified Conflicts of Interest, disclosure information is provided during the planning process to ensure resolution of any identified conflicts. Disclosure of faculty and commercial relationships as well as the discussion of unlabeled or unapproved use of any drug, device or procedure by the faculty is listed at the symposium.

Hotel Accommodations

Rooms are in very heavy demand in New York City; we urge you to make your reservations early. You may obtain a list of hotels located near NYU School of Medicine and the NYU Hospital for Joint Diseases by visiting our website.

Parking

Parking near HJD is available on 18th through 20th Streets, between Second and Third Avenues, as well as at several commercial parking garages within a 5-block radius.

Program

7:00-7:25 am

Breakfast and Registration

7:25-7:30 am

Welcome

Andrew S. Rokito, M.D.

7:30-7:45 am

Radiographic Evaluation of Shoulder Instability

Mark Schweitzer, M.D.

7:45-8:00 am

Diagnosis and Nonoperative Management of Shoulder Instability

James Gladstone, M.D.

8:00-8:15 am

Open Stabilization for Anterior Instability

Frances Cuomo, M.D.

8:15-8:30 am

Arthroscopic Stabilization for Anterior Instability

Andrew S. Rokito, M.D.

8:30-9:00 am

Live Surgical Demonstration: Arthroscopic Bankart Repair

Anthony A. Romeo, M.D.

9:00-9:15 am

Open Stabilization for Posterior and Multidirectional Instability

Evan Flatow, M.D.

9:15-9:30 am

Arthroscopic Stabilization for Posterior and Multidirectional Instability

William Levine, M.D.

9:30-9:45 am

Revision Instability Repair: Open

Peter McCann, M.D.

9:45-10:00 am

Revision Instability Repair: Arthroscopic

Anthony A. Romeo, M.D.

10:00-10:30 am

Live Surgical Demonstration: Arthroscopic Capsular Plication and Rotator Interval Closure

Laith Jazrawi, M.D. and Young Kwon, M.D., Ph.D.

10:30-10:50 am

Coffee Break

10:50-11:05 am

Treatment of Instability Associated with Bone Deficiency

Joseph D. Zuckerman, MD

11:05-11:20 am

Superior Glenoid Labral Lesions: Evaluation and Treatment

Young Kwon, M.D., Ph.D.

11:20-11:35 am

Painful Shoulder in the Overhead Athlete

Robert Meislin, M.D.

11:35-11:50 am

Arthroscopic Management of Internal Impingement

David Altchek, M.D.

11:50 am-12:30 pm

Case Presentations

Jason Hurd, M.D. and Faculty Panel

12:30 pm

Adjourn

COURSE REGISTRATION FORM

Register online at www.med.nyu.edu/cme

Metropolitan Shoulder Symposium Course #122
Saturday, September 30, 2006 • (Please do not reduce or enlarge this form)

PLEASE PRINT ALL INFORMATION CLEARLY IN BLOCK LETTERS AND NUMBERS

Name _____

Address _____

City _____ State _____ Zip _____

Day Phone _____ Fax _____

COURSE CONFIRMATION: Please supply your e-mail address to receive a confirmation letter. Written confirmation **will not** be mailed. Make sure your email address is clearly written.

E-Mail _____

(REQUIRED FOR CME CREDIT)

Degree _____ Specialty _____

(On-site registrants will incur an additional \$20 charge)

COURSE FEES

Full Fee: \$50

Current Residents and Fellows: Free

METHODS OF PAYMENT (cash and telephone registration are not accepted).

If faxing, do not mail or refax, this will result in a duplicate charge to your account.

CHECK IN U.S. DOLLARS ONLY \$ _____

CREDIT CARD PAYMENT (See below)

INTERNATIONAL POSTAL MONEY ORDER

(Foreign registrants, including those from Canada, must pay by either International Postal Money order or credit card) \$ _____

Registration Will Not Be Accepted after September 27, 2006

MAKE PAYABLE TO: NYU Post-Graduate Medical School

SEND TO: Registration Department, NYU Post-Graduate Medical School, P.O. Box 1855, Murray Hill Station, New York, NY 10016

PAYMENT BY CREDIT CARD Credit card payments may be faxed to (212) 263-5293

Card # _____

Amount to be charged: \$ _____ Bill to: Visa Master Card American Express

(Please Print) Member's Name _____ Expiration Date: _____ / _____

Signature _____

COURSE CANCELLATION POLICY: In the unusual circumstance that this course must be cancelled, two weeks notice will be given and tuition will be refunded in full. The NYU Post-Graduate Medical School is not responsible for any airfare, hotel or other costs incurred.

No Refunds will be issued for cancelled course registrations.

 Special Needs or Requests: _____

To help fulfill your educational needs, submit a question or topic relating to this course:

