

Get the Advantage

Improve your tennis game and prevent injury

Join our experts for an evening of discussion about common tennis injuries, how to prevent them and how to recover.

Tuesday, July 8

Center for Musculoskeletal Care
333 East 38th Street, 6th Floor Conference Room

Topics

- Common tennis injuries: A physician's perspective
- Effective management of common tennis injuries with rehabilitation
- Improving technique to prevent injury and enhance performance

Program Agenda

6:00-6:30pm Registration
6:30-7:30pm Presentations
7:30-7:45pm Q&A

Speakers *(see reverse for speaker profiles)*

Dennis Cardone, DO
Assistant Professor of Orthopaedic Surgery, NYU Langone Medical Center

April O'Connell, OTR/L, CHT, ACSM, ASSET
Occupational Therapy Clinical Specialist, NYU Langone's Center for Musculoskeletal Care

RSVP

www.NYULMC.org/CMC-Lectures

No fees are associated with this lecture, but seating is limited to the first 40 registrants. For any questions, please contact Rick Kassler at richard.kassler@nyumc.org or Mia Palazzo at mia.palazzo@nyumc.org



Speakers for the July 8th lecture:

Dennis Cardone, DO, is a fellowship-trained and board-certified specialist in pediatric and adult sports medicine and an associate professor in the Department of Orthopaedic Surgery at NYU Langone Medical Center. He is the head team physician for New York University and Long Island University and team physician for USA Wrestling and USA Fencing. He has a special interest in treating young athletes and athletes with special needs, and his practice is open to patients of all ages. A tennis enthusiast, Dr. Cardone also serves on the medical team for the US Open.

April O'Connell, OTR/L, CHT, ACSM, ASSET, is an occupational therapy clinical specialist at NYU Langone's Center for Musculoskeletal Care, where she provides treatment of orthopaedic injuries in athletes and active individuals of all ages. April earned her Occupational Therapy degree at Boston University. April is a Certified Hand Therapist and is certified by the American Council of Sports Medicine (ACSM) as a clinical Exercise Specialist. She has lectured to physicians and therapists on current concepts of orthopaedic rehabilitation of the shoulder, elbow and hand.



Please join us for upcoming lectures:

Wednesday, July 23, 2014 Nutrition, Exercise, Memory, and Aging

Samantha Heller, MS, RD, CDN, Bonnie Marks, PsyD, and Alison Peters, MS

For information on NYU Langone's Sports Performance Center, please visit us at www.NYULMC.org/Sports-Performance