

Agenda

Experts from NYU Langone Medical Center will discuss the following topics:

Welcome Address

Stephen Smiles, MD, Clinical Associate Professor
Division of Rheumatology, Department of Medicine
Co-Director, Center for Arthritis and Autoimmunity

Osteoarthritis Today

What is Osteoarthritis?

Paula J. Rackoff, MD, Clinical Associate Professor
Division of Rheumatology, Department of Medicine

Musculoskeletal Ultrasound

Jonathan Samuels, MD, Clinical Associate Professor
Division of Rheumatology, Department of Medicine

Joint Preservation: What? Why? When?

Philip Band, PhD
Director, Center for Clinical Research
Departments of Orthopaedic Surgery and Biochemistry and
Molecular Pharmacology

Current Therapies

Integrative Psychiatry and Pain Management: Non-Operative Treatments

Charles Kim, MD, Assistant Professor
Departments of Rehabilitation Medicine and Anesthesiology

Joint Injury and Osteoarthritis

Laith Jazrawi, MD, Clinical Associate Professor
Department of Orthopaedic Surgery
Chief, Division of Sports Medicine

Away with OA Through Exercise

Kathryn VanDamme, PT, DPT, OCS
Senior Physical Therapist, Rusk Rehabilitation
Elizabeth Courtney Coyle, MS, OTR/L, CHT, COEE
Senior Physical Therapist, Rusk Rehabilitation

What Can I Do for Myself?

Strategies for Coping with Osteoarthritis

Sherri Weiser, PhD, Research Associate Professor
Psychologist, Director of Clinical Services and Research
Occupational and Industrial Orthopaedic Center

How Can I Maintain an Active Lifestyle? Can Ergonomics Help?

Marco Campello, PhD, Clinical Associate Professor
Director, Occupational and Industrial Orthopaedic Center

Incorporating a Healthy Diet into Your Life

Kathleen Woolf, PhD, RD
Assistant Professor of Nutrition
Department of Nutrition, Food Studies, and Public Health
Steinhardt School of Culture, Education,
and Human Development

When Should I Consider Joint Replacement?

James D. Slover, MD, MS, Assistant Professor
Adult Reconstructive Division
Department of Orthopaedic Surgery

The Arthritis Foundation and NYU Langone Medical Center would like to recognize the contributions of:

Joseph D. Zuckerman, MD, Chair,
Department of Orthopaedic Surgery
Surgeon-in-Chief, Hospital for Joint Diseases

Steven B. Abramson, MD, Chair,
Department of Medicine
Vice Dean for Education, Faculty & Academic Affairs

Steven R. Flanagan, MD, Chair,
Department of Rehabilitation Medicine
Medical Director, Rusk Rehabilitation

Expert Panel

Moderator:

John A. Hardin, MD
Professor, Medicine, Orthopedic Surgery,
and Microbiology and Immunology
Division of Rheumatology
Albert Einstein College of Medicine

Panelists:

Dennis Cardone, DO, Associate Professor
Chief, Division of Primary Care Sports Medicine
Department of Orthopaedic Surgery

Richard Iorio, MD, Professor Orthopaedic Surgery
Chief, Division of Adult Reconstructive Surgery
Department of Orthopaedic Surgery

Jonathan Vigdorichik, MD, Clinical Assistant Professor
Department of Orthopaedic Surgery